# Just starting Qelbree?

Use this booklet to help stay on track!

All photos within this brochure are patient portrayals.

# tips, tricks, and next steps to help get you off to a good start!

### For adults 18 and older living with ADHD

### **IMPORTANT SAFETY INFORMATION**

Qelbree may increase suicidal thoughts and actions, in children and adults with ADHD, especially within the first few months of treatment or when the dose is changed. Tell your doctor if you or your child have (or if there is a family history of) suicidal thoughts or actions before starting Qelbree. Monitor your or your child's moods, behaviors, thoughts, and feelings during treatment with Qelbree. Report any new or sudden changes in these symptoms right away.



Please see full <u>Important Safety</u> <u>Information</u> on page 7.



## **Just starting Qelbree?** Some great first steps



#### **IMPORTANT SAFETY INFORMATION**

You should not take Qelbree if you or your child:

Take a medicine for depression called a monoamine oxidase inhibitor (MAOI) or have stopped taking an MAOI in the past 14 days. Also, you or your child should avoid alosetron, duloxetine, ramelteon, tasimelteon, tizanidine, and theophylline.

#### Please see full Important Safety Information on page 7.

### **1.** Activate your savings card



It's possible to pay as little as \$20 per prescription.\*

\*Commercially insured patients pay as little as \$20 per prescription. Terms and conditions apply

### 2. Plan to speak regularly with your healthcare provider as you transition to your new treatment



Your initial treatment dose may be just your starting dose. Your healthcare provider will want to know how vou are doing the first few weeks of treatment. Your healthcare provider can adjust your daily dose each week as necessary to help ensure your personal symptom control needs are met.

### **3.** Set weekly reminders the first month or so for quick check-ins



Set a reminder on your phone or in your planner to provide an update. Most healthcare providers also have a portal where you can send a guick note. If things are going well, that's great! If you think things could be going better, or you are having any issues, be sure to share this information. Your healthcare provider can adjust your dose of Qelbree as needed.



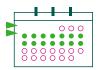
For adults 18 and older living with ADHD

## **Just starting Qelbree?** What to expect from treatment



## **Qelbree is an ADHD treatment that works!**

**Qelbree is proven to work in medical studies (in patients 6 years and older) that were conducted over 6 to 8 weeks**—showing significant reduction in ADHD symptom scores in 4 medical studies of more than 1400 people.



**Qelbree** reduced ADHD symptom scores as early as week 2 for some adults.



# of adults were taking **Qelbree** at a dose of 400 mg/day to 600 mg/day at the end of the 6-week medical study.

 - 8% of adults in this study were still taking the starting dose of 200 mg/day at the end of the study



Reaching your best daily dose of **Qelbree** may be a transition.

Stick with treatment and be sure to talk to your **healthcare provider** about adjusting your daily dose of Qelbree to help with symptom control.

**IMPORTANT SAFETY INFORMATION Qelbree can increase blood pressure and heart rate.** Your or your child's doctor will monitor these vital signs.

Please see full Important Safety Information on page 7.





## Just starting Qelbree? Keeping safety in mind



### **IMPORTANT SAFETY INFORMATION**

**The most common side effects of Qelbree** in patients 6 to 17 years are sleepiness, not feeling hungry, feeling tired, nausea, vomiting, trouble sleeping, and irritability, and in adults, insomnia, headache, sleepiness, tiredness, nausea, decreased appetite, dry mouth, and constipation. These are not all the possible side effects of Qelbree.

Please see full Important Safety Information on page 7.

## **Qelbree is an ADHD treatment that works!**

**Qelbree** has been proven safe\* in a medical study of adults, with manageable side effects when taken as directed:



• 9% of participants taking **Qelbree** discontinued the medical study due to side effects vs 5% taking inactive treatment (placebo)

• **Qelbree** is unlikely to have negative interactions with stimulants like methylphenidate or amphetamine

\*Important: Monitor for mood or behavior changes. Your healthcare provider should also monitor for changes in blood pressure and heart rate.



**Qelbree is a nonstimulant**, which means it is not a narcotic or a controlled medication

• There is no evidence of abuse



Reaching your best daily dose of **Qelbree** may be a transition.

Stick with treatment and be sure to talk to your **healthcare provider** about adjusting your daily dose of Qelbree if you are experiencing symptoms or side effects.





## Just starting Qelbree? With you every step of the way



**IMPORTANT SAFETY INFORMATION Gelbree may cause manic episodes in patients with bipolar disorder.** Tell your doctor if you or your child show any signs of mania.

# **Qelbree is an ADHD treatment that works to fit your routine—whatever that looks like for you**

### **Qelbree is convenient:**



• **Qelbree** is a once-a-day treatment that offers full-day medication coverage

• **Qelbree** can be prescribed by your healthcare provider via telehealth; there is no need for a new prescription each month to refill your medication

### **Qelbree may offer you consistency:**



• **Qelbree** is taken once a day, any time of day (AM or PM)

• **Qelbree** offers rapid and extended-release, full-day medication coverage

• **Qelbree** is with you (and your ADHD symptoms) throughout your day

### **Qelbree is not a stimulant:**



There is no evidence of abuse





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## Just starting Qelbree? Join the community



# Qelbree is an ADHD treatment that works; see what the community has to say...

### People are talking about Qelbree—join the community!





# Become a Qelbree Insider and get an ADHD Welcome Kit that includes:

- Tips for managing your ADHD
- Helpful resources
- Tools to help with organizing your week



Scan here to get started!



### Real people share their Qelbree treatment experiences







Hear from David, Michele, and Ashley—real patients with ADHD who share their stories.



#### **IMPORTANT SAFETY INFORMATION**

Do not drive or operate heavy machinery until you know how Qelbree will affect you or your child. Qelbree may cause you or your child to feel sleepy or tired.



### INDICATION

Qelbree is a prescription medicine used to treat ADHD in adults and children 6 years and older.

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**Qelbree may cause manic episodes in patients with bipolar disorder.** Tell your doctor if you or your child show any signs of mania.

Do not drive or operate heavy machinery until you know how **Qelbree will affect you or your child.** Qelbree may cause you or your child to feel sleepy or tired.

**The most common side effects of Qelbree** in patients 6 to 17 years are sleepiness, not feeling hungry, feeling tired, nausea, vomiting, trouble sleeping, and irritability, and in adults, insomnia, headache, sleepiness, tiredness, nausea, decreased appetite, dry mouth, and constipation. These are not all the possible side effects of Qelbree.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.





**Just starting Qelbree?** Use this booklet to help stay on track!



 Stay connected with your healthcare provider as you transition to treatment

tips!

- Monitor your progress and tell your healthcare provider how you are doing
- Reaching your best daily dose of Qelbree may be a transition—stick with it!
- Be patient with yourself as you adjust to your routine
- Connect with community-learn from real people with ADHD

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